

## Potter Street Academy News

Dear Parents/Carers,

As I am sure you are aware, the Prime Minister announced that all children can return to school on the 8th March 2021, so we have now begun our plans to welcome everyone in to school.

A detailed email and app message has been sent to all parents this morning outlining the plans for our return on 8<sup>th</sup> March 2021, please do take the time to read this.

We have missed having all children in school and having face to face contact, so we are very much looking forward to seeing everyone from 8th March. We understand that parents/carers may have concerns about this. Please be assured that the health, safety and wellbeing of your children remains paramount. Please do not hesitate to share any concerns with your child's teacher.

During this recent lockdown we have received a number of complimentary messages from parents regarding our provision for home learning, our support of key worker and vulnerable children at school and our caring and helpful approach. Thank you for all your kind words it is very much appreciated.

As a staff, we are incredibly proud to have been able to support our families through this challenging and unprecedented time and look forward to continuing our successful partnership.

Have a lovely weekend.

Kath Holland  
Associate Headteacher  
Potter Street Academy

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### Star of the Week

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Congratulations to this week's stars!!

Beatrix Class	Jamie
Cobb Class	Lorenzo
Hockney Class	Ollie
Boyce Class	Poppy R
Burman Class	Zaden
Lowry Class	Mason Br
Ofili Class	Hayden
Anderson Class	Christabel
Banksy Class	Lily-May
Hirst Class	Ruby



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### Breakfast and After School Clubs

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We are currently taking bookings for Breakfast Club & After School Club for when we return on 8th March.

Please email [admin@potterstreetacademy.com](mailto:admin@potterstreetacademy.com) by 9am on Wednesday 3rd March, telling us the name of your child/children, year group & which days you would like them to attend each week.

Make sure they look out for the post!!

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## Emotional Health and Wellbeing

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A huge thank you to all of you who completed the Parent Survey about how we are supporting your children's emotional needs. Your kind words and great ideas will all be considered and we will send some feedback out to you all. For those parents who said they would be interested in being part of a parent working group: thank you so much and we will be contacting you in the near future!

We have also had some lovely Fruit and Veg face entries! Your children have been amazing. We'll be posting more of them on Twitter soon.

As we prepare for the return to school on 8<sup>th</sup> March, we are mindful of the different feelings you and your child may be having for the return. You have all done an amazing job these last few weeks – we know that there will have been good and bad times for you all. We will continue our focus on Mental Health and Wellbeing while supporting your children back into the routines of school. Everyone's circumstances are different but here are a few suggestions that might make the preparation and transition back into school easier for your child (and yourself!). For example:

- If you can, try to re-establish earlier bedtimes and waking in the morning. Sleep is a critical part of maintaining mental health and wellbeing. If your child has had enough sleep then they will be less grumpy at the end of a tiring school day. Bonus for you!
- Try to re-establish breakfast and lunch routines – if your child has been eating later or earlier than usual in a school day then they may find it hard to manage when we are back into school routines. Good nutrition is critical for wellbeing and concentration, and hangry children are not happy ones.
- It may have been a while since your child has seen the school so, if you can, consider going past it a couple of times

on a daily walk. Not much will change this time when they return.

- Acknowledge any fears they or you may have but also try to look for the positive. We care a lot about you and your children and we are looking forward to their return very much. There's a lovely resource here that you could use with your child to capture their feelings about coming back. Please tell us if there's anything that you feel would be useful to know.



<https://www.partnershipforchildren.org.uk/uploads/Files/PDFs/Resilience%20Activities/Going%20back%20to%20school.pdf>

Our website now has a page totally devoted to Wellbeing – there's some resources and ideas that are always there for you and your child. You'll find links to local and national support and advice.

And don't forget that our school Wellbeing Team are just a phone call or email away. Either phone the school office or contact them directly about anything via email at:

[wellbeingteam@potterstreetacademy.com](mailto:wellbeingteam@potterstreetacademy.com)

***We look forward to seeing you all on 8<sup>th</sup> March, have a restful weekend and take care.***