

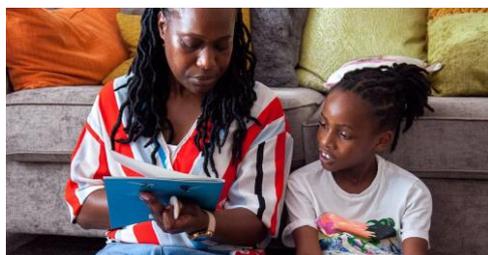
## POTTER STREET ACADEMY NEWS

*Dear Parents / Carers*

*Well done to you all for engaging so well with our home learning. Please continue to encourage a love of reading. We have sourced books online for your child to engage with. Your child's class teacher will be sending out information about accessing this reading material.*

*Oak academy trust and the National Literacy Trust are working with authors to provide different resources. Please click on the link below to access books from famous authors if you child is in Key Stage 2.*

[https://library.thenational.academy/?fbclid=IwAR0krOwMuzPyDMiosMnZfTDYR\\_Tel5zW5Vp40imVGzFSOTGOkWT9Zyr3rzo](https://library.thenational.academy/?fbclid=IwAR0krOwMuzPyDMiosMnZfTDYR_Tel5zW5Vp40imVGzFSOTGOkWT9Zyr3rzo)



### [Virtual School Library](https://library.thenational.academy/)

Virtual School Library from Oak National Academy and the National Literacy Trust.

[library.thenational.academy](https://library.thenational.academy)

*Early next week, we will be sending out a parent survey for you to complete about our remote learning provision. Please take time to complete this as your feedback will enable us to reflect on the effectiveness of our provision but also allow us to consider how to make it even better.*

*Sadly, we have some families, children and staff who have lost loved ones to COVID and our heartfelt sympathies go to those with family members who have recently passed away and our thoughts are with you during this time. Please let us know how we can support you.*

*School staff have received training on loss and bereavement from our school counselling team to support children who are dealing with loss or grieving. If you would like any information on how to support your child with loss and grief, please contact Mrs Littlechild, Mrs Porter or myself through the school email address.*

*Mrs Holland*

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## Star of the Week

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Congratulations to this week's stars!!

Beatrix Class	Georgi
Cobb Class	Freya
Hockney Class	Vinny
Boyce Class	Rayane
Burman Class	Dylan
Lowry Class	Mason Ba
Ofili Class	Jesse
Anderson Class	Faith
Banksy Class	Mason
Hirst Class	Mollie

Make sure they look out for the post!!

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## Keeping Children Safe Online

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An email and APP message was sent to all parents on 20/1/21 offering parents training on keeping children safe online. We are mindful that children are spending more time on devices for learning or for pleasure as information technology becomes even more popular to connect with others.

The presenters – the 2 Johns have recently trained staff here and we highly recommend all parents booking a place on the free workshop. We are confident you will find this engaging and informative for parents who have children of all ages.

Please book the place using the number on the on the below flyer.

[eSafety Training Parent Workshops UPDATED - The 2 Johns.pdf](#)

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## Foodbank Parcels for Families

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We are now holding food parcels on behalf of Harlow Food Bank. If your family is struggling for food, please contact us and we may be able

to provide your family with food direct from school.

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## Thank you to The Rotary Club

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This week, the school were very pleased to accept a kind donation of £500 from Mr Daniel Chandler of The Rotary Club of Harlow Tye.

You may remember, back in October, giving donations to Harlow Foodbank as part of our Harvest Celebration. In addition to the food parcels, we now receive from them (to help any families who need it), their CEO Mr Andy Thornton also helped to bring about this connection too.

We are very grateful for this and the money will be used to help support our children, through Breakfast Club on their return to school.

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## Supervision Room

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If you require a space in the supervision room, please could you let the school know by the Thursday before the week that it is needed. If you do require a space please email [office@potterstreetacademy.com](mailto:office@potterstreetacademy.com). Thank you for your help.

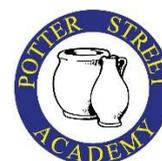
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## Emotional Health and Wellbeing

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At Potter Street we aim to prioritise the emotional health and wellbeing of all our pupils, and we know what a tough time it is for everyone now. In school your children would have had access to several different experiences that would have helped support them such as worry Monsters in class, Mindfulness activities, Learning mentor support, in school counselling service, our links with MIND Trailblazer services and our continual focus on the Five Ways to Wellbeing.

This support is invaluable and is still available for you and your children. If you want to know about any of the ways we can do to still support



emotional well-being, then please ask your class teacher.

Alternatively,

<https://www.mindinwestessex.org.uk/services/trailblazer/> offer a lot of free support.

Keep an eye on our Twitter account (perhaps set alerts on your phone) where we will be regularly posting ideas that can help counter the January blues and ways in which you can help your children if they are finding things difficult now.

**Things to look out for if you are worried about your child:**

**Ages 3-6 years:**

- Regressing to behaviour they've outgrown, such as thumb-sucking or bed-wetting
- Showing greater fear at being separated from you
- Tantrums
- Trouble sleeping

**Ages 7-10 years:**

- Expressing sadness, anger or fear
- Sharing false information that they're hearing from their peers or seeing online
- Wanting to talk about coronavirus all the time
- Not wanting to talk about the current situation at all
- Having trouble concentrating or sleeping

**Ages 11 years plus:**

- Acting out – this might include things like picking fights with you or with siblings or abusing alcohol or drugs
- Becoming afraid to leave the house
- Distancing themselves from their friends and family
- Exhibiting intense emotions but being unable to talk about what they're feeling

If you have concerns about how you or your child are managing during these wet, winter months please reach out to your child's class teacher or call/email the office and ask to speak to one of our Wellbeing Team in school.

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**Reminder – 29<sup>th</sup> January 2021**

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**A reminder** - the INSET day which was planned for 29th January has been postponed so 29th January 2021 will be a normal school day - supervision rooms will be open on this day for children and teaching lessons will take place remotely.

**Wishing you all a lovely weekend, please continue to take care of yourselves and your families.**

