



Tiered Support Approach

Universal Support

- Jigsaw PSHE/ Five Ways to Wellbeing
- Curriculum Development
- Access to PE curriculum (no interventions during this time)
- Empathetic Conflict Resolution
- Mindfulness
- Extra-curricular Clubs/Trips
- Pupil Leadership Opportunities
- Links to external groups eg MIND
- School Behaviour Policy (boundaries)
- House Points/Certificates/Stickers
- Pupil/Adult Relationships (emotionally available)
- Induction/Points of Transition Support
- Wellbeing Assemblies
- Time To Talk Events
- School Website
- School Values/Kindness Awards
- My Happy Mind
- FSM (KS1) & Snack
- Breakfast Club
- Access to Learning Mentor
- Wellbeing Hub
- Play Leaders
- Happiness Heroes
- Wellbeing Hub (Weds After School)
- Class Dojo/ Open Door Policy (Parents)
- Class Colour Monsters (Worry Box)
- MyConcern Log
- Staff Training
- Attendance Reviews
- Quality First Teaching/Classroom Support (Pupil Passport)

Additional Support

- SEMH Mountain of Support Questionnaire
- How I Feel in School
- Reframing behaviours
- Wellbeing Hub Pass
- Supported breakfast club place
- Boxhall Profile
- One Plan
- Wellbeing Plans & Check-ins (by Learning Mentor)
- Young Carers
- Family Support/Early Help Hub (Virtual)
- EP Advice Hub (Virtual)
- Referral to Community Links/Groups
- VP Review Team Meetings
- Peer work/Mentor support
- Harbour Counselling
- Early Help/Team Around the Family Meetings
- School Nurse/Health Visitor/GP
- LM Support 1:1/Small Group
- Essex Child & Family Wellbeing Service
- Occupational Health, Speech & Language
- SLT support

High Need

- Placement in a specialist provision.
- Distress Management Plan
- IPRA funding/EHCP
- Inclusion Partner/Educational Psychologist
- A full assessment of need through the CDC team or CAMHS
- Social Care Referral
- Emergency Support (NHS111)
- Family Solutions